



ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM OVERVIEW

28TH FEBRUARY 2024 (WEDNESDAY) - 1ST ASIAN TRAUMA CONCLAVE

THEME: CBT FOR PSYCHOLOGICAL TRAUMATIC LIFE EVENTS

TIME	VENUE			
	JLN AUDITORIUM	CONFERENCE HALL	CMET 1 (EDUCATION HALL)	CMET 2 (TECHNOLOGY HALL)
08:30 - 09:30 AM	REGISTRATION & MORNING TEA (FOYER AREA)			
09:30 - 10:30 AM		OPEN PAPER SESSION 1	OPEN PAPER SESSION 2	OPEN PAPER SESSION 3
10:30 - 11:15 AM	KEYNOTE LECTURE 1 – Associate Prof. James Courtney, Monash University, Australia			
11:15 - 12:15 PM	INVITED PANEL DISCUSSION 1 - Education, Training, & Funding of Research on childhood trauma, mental illness and mental health services in Asian countries.			
12:15 - 12:45 PM	INVITED TALK 1 – Prof. Rajesh Sagar, AIIMS, New Delhi			
12:45 - 01:15 PM	INVITED TALK 2 - Prof. Vibha Sharma, IHBAS, New Delhi			
01:15 - 02:00 PM	LUNCH (FOYER AREA)			
02:00 - 02:30 PM	INVITED TALK 3 – Keiko Tsuchida, Clinical Psychologist, Osaka, Japan			
02:30 - 03:15 PM	KEYNOTE LECTURE 2 - Meera Bahu, South London and Maudsley NHS Foundation Trust. England			
03:15 - 03:45 PM	INVITED TALK 4 - Dr. Misari Oe, Kurume Univ, Japan			
03:45 - 04:15 PM	INVITED TALK 5 – Prof. R.K. Chadda, President-elect, World Association of Social Psychiatry.			
04:15 - 05:00 PM	OPEN SYMPOSIUM 1	OPEN SYMPOSIUM 2	OPEN SYMPOSIUM 3	OPEN SYMPOSIUM 4
05:00 - 05:45 PM	OPEN SYMPOSIUM 5	OPEN SYMPOSIUM 6	OPEN SYMPOSIUM 7	OPEN SYMPOSIUM 8
04:15 - 05:45 PM	OPEN POSTER SESSION (1 st FLOOR FOYER AREA)			
05:45 - 06:00 PM	EVENING TEA (FOYER AREA)			
06:00 PM	SOCIAL PROGRAM - VISIT TO 'DILLI HAAT' (FOR INVITED GUESTS)			

ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM OVERVIEW



28th FEBRUARY 2024 - PRE-CONGRESS WORKSHOPS

WS No.	TIME	WORKSHOP TITLE	WORKSHOP LEADER	VENUE
WS 1	10:00 AM - 1:00 PM	CBT for Trauma	Prof. Lata K. McGinn Yeshiva University, New York, USA	Ramalingam Swamy Board room
WS 2	10:00 AM - 1:00 PM	CBT in Chronic Pain management	Prof. Zubaidah Jamil International Medical School, Management and Science University (MSU), Malaysia.	SET Studio 1 (Convergence Block)
WS 3	10:00 AM - 1:00 PM	MBCT for Relapse Prevention in Depression.	Meera Bahu South London and Maudsley NHS Foundation Trust. England	SET Studio 2 (Convergence Block)
WS 5	10:00 AM - 1:00 PM	Cognitive Remediation Therapy	Prof. Dr Muhammad Najib bin Mohamad Alwi International Medical School, Management and Science University (MSU), Malaysia.	Lecture Theatre 5 (basement) (Convergence Block)
WS21	10:00 AM - 1:00 PM	CBT & early Intervention in Psychosis.	Prof. Shanaya Rathod, Prof. Peter Phiri, Dr. Liz Graves University of Southampton, UK	Physiology Seminar Room
	01:00 - 02:00 PM	REFRESHMENT BREAK		
WS 6	02:00 PM - 05:00 PM	Assessment, diagnosis, and clinical considerations for Post-Traumatic Stress Disorder (PTSD) and Complex PTSD.	Associate Prof. James Courtney Monash University, Australia	Ramalingam Swamy Board room
WS 7	02:00 PM - 05:00 PM	Implementing Transdiagnostic CBT for Emotional Disorders in Group and Individual Formats.	Prof. Peter Norton The Cairnmillar Institute, Australia	Lecture Theatre 5 (basement) (Convergence Block)
WS 8	02:00 PM - 05:00 PM	Engaging depressed adolescents using Brief Behavioural Activation (Brief BA)	Prof. Shirley Reynolds The Stavros Niarchos Foundation Global Center for Child and Adolescent Mental Health at the Child Mind Institute, UK.	SET Studio 1 (Convergence Block)
WS 9	02:00 PM - 05:00 PM	Culturally sensitive CBT for psychosis (CBTp): Key conceptualization models and clinical competencies.	Dr. Pawel D. Mankiewicz National University of Singapore	SET Studio 2 (Convergence Block)
WS 4	02:00 PM - 05:00 PM	CBT for Anxiety	Prof. Firdaus Mukhtar University Putra Malaysia	Physiology Demonstration Room
	05:00 - 05:30 PM	HIGH TEA		



ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM OVERVIEW

29TH FEBRUARY 2024 (THURSDAY)– ACBTA CONGRESS DAY 1

THEME: CBT FOR PSYCHIATRIC DISORDERS AND SPECIFIC ILLNESSES

VENUE →	JLN AUDITORIUM	CONFERENCE HALL	CMET 1 (EDUCATION HALL)	CMET 2 (TECHNOLOGY HALL)	SET STUDIO 2	SET STUDIO 1	LT 5 CONVERGENCE BLOCK	PHYSIOLOGY SEMINAR ROOM (2013)
TIME ↓								
08:30 - 09:30 AM	REGISTRATION & TEA- FOYER AREA							
09:30 - 10:30 AM		OPEN PAPER SESSION 4	OPEN PAPER SESSION 5	OPEN PAPER SESSION 6	OPEN PAPER SESSION 7	OPEN PAPER SESSION 8	OPEN PAPER SESSION 9	OPEN PAPER SESSION 10
10:30 - 12:00 PM	INAUGURAL PROGRAM / OPENING CEREMONY (JLN AUDITORIUM)							
12:00 - 12:45 PM	KEYNOTE TALK 3 - Prof. Lata K. McGinn							
12:45 - 01:45 PM	LUNCH & NETWORKING - FOYER AREA							
01:45 - 02:30 PM	KEYNOTE TALK 4 - Prof. Steven D. Hollon							
02:30 - 03:30 PM	INVITED SYMPOSIUM 1	INVITED SYMPOSIUM 2	OPEN SYMPOSIUM 9	OPEN SYMPOSIUM 10	SKILL CLASS 1	IN CONGRESS WORKSHOP WS10- CBT FOR OCD Prof. Paul Salkovskis	OPEN SYMPOSIUM 11	OPEN PAPER SESSION 11
03:30 - 04:00 PM	INVITED TALK 6	INVITED TALK 7	OPEN SYMPOSIUM 12	OPEN SYMPOSIUM 13	SKILL CLASS 2		OPEN SYMPOSIUM 14	OPEN PAPER SESSION 12
04:00 - 04:30 PM	INVITED TALK 8	INVITED TALK 9						
04:30 - 05:00 PM	INVITED TALK 10	INVITED TALK 11	OPEN SYMPOSIUM 15	OPEN SYMPOSIUM 16	SKILL CLASS 3			
05:00 - 05:30 PM	INVITED TALK 12	INVITED TALK 13						
02:30 - 05:30 PM	OPEN POSTER SESSION 2 (1 ST FLOOR FOYER AREA)							
05:30 - 06:00 PM	HIGH TEA - FOYER AREA							
06:00 - 07:00 PM	CULTURAL PROGRAM (JLN AUDITORIUM, AIIMS)							
07:00 PM ONWARDS	CONFERENCE WELCOME PARTY AT MOLECULE AIR BAR, GREEN PARK (FOR INVITED GUESTS /ON PAYMENT ONLY)							



ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM OVERVIEW

1ST MARCH 2024 (FRIDAY)- ACBTA CONGRESS DAY 2							
THEME - CURRENT TRENDS IN THE CULTURAL ADAPTATION OF CBT							
VENUE → TIME ↓	JLN AUDITORIUM	CONFERENCE HALL	CMET HALL 1	CMET HALL 2	SET STUDIO 1	SET STUDIO 2	LECTURE THEATRE 5 (CONVERGENCE)
08:30 - 09:00 AM	REGISTRATION & TEA - FOYER AREA						
09:00 - 10:00 AM		OPEN PAPER SESSION 13	OPEN PAPER SESSION 14	OPEN PAPER SESSION 15	OPEN PAPER SESSION 16	OPEN PAPER SESSION 17	OPEN PAPER SESSION 18
10:00 - 10:45 AM	KEYNOTE TALK 5 - Prof. Pim Cuijpers						
10:45 - 11:30 PM	KEYNOTE TALK 6 - Prof. Paul Salkovskis						
11:30 - 12:00 PM	INVITED SYMPOSIUM 3	INVITED TALK 14	VIRTUAL TALKS	OPEN SYMPOSIUM 18	INVITED TALK 16	INVITED TALK 17	INVITED TALK 18
12:00 - 12:30 PM		INVITED TALK 15			INVITED TALK 19	INVITED TALK 20	INVITED TALK 21
12:30 - 01:15 PM	KEYNOTE TALK 7 - Prof. Keith Dobson						
01:15 - 02:00 PM	LUNCH - FOYER AREA						
02:00 - 02:45 PM	KEYNOTE TALK 8 - Prof. Shanaya Rathod						
02:45 - 03:45 PM	INVITED SYMPOSIUM 4	OPEN SYMPOSIUM 19	SPONSOR SESSION	SPONSOR SESSION	SKILL CLASS 4	IN-CONGRESS WORKSHOP WS 11 - CBT FOR HOARDING DISORDER Prof. Melissa Norberg	IN CONGRESS WORKSHOP WS 12 - CBT FOR ADDICTION Dr. Frank Ryan
03:45 - 04:45 PM	INVITED SYMPOSIUM 5	VIRTUAL PAPER SESSION 2	OPEN SYMPOSIUM 20	OPEN SYMPOSIUM 21	SKILL CLASS 5		
04:45 - 05:45 PM	INVITED PANEL DISCUSSION 2	OPEN SYMPOSIUM 22	OPEN SYMPOSIUM 23	SPONSOR SESSION	SKILL CLASS 6		
02:00 - 05:30 PM	OPEN POSTER SESSION 3 (1 st FLOOR FOYER AREA)						
05:45 - 6: 00 PM	HIGH TEA - FOYER AREA						
6:30 PM onwards	MUSICAL EVENING & DINNER AT INDIA HABITAT CENTRE (FOR INVITED GUESTS /ON PAYMENT ONLY)						



ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM OVERVIEW

2ND MARCH 2024 (SATURDAY)- ACBTA CONGRESS DAY 3

THEME - STANDARDS IN CBT PRACTICE, TRAINING & SUPERVISION

VENUE →	JLN AUDITORIUM	CONFERENCE HALL	CMET 1 (EDUCATION HALL)	CMET 2 (TECHNOLOGY HALL)	SET STUDIO 1	SET STUDIO 2	LT 5 CONVERGENCE BLOCK	PHYSIOLOGY SEMINAR ROOM (2013)
TIME ↓								
08:30 - 09:00 AM	REGISTRATION & TEA - FOYER AREA							
09:00 - 10:00 AM		OPEN PAPER SESSION 19	OPEN PAPER SESSION 20	OPEN PAPER SESSION 21	OPEN PAPER SESSION 22	OPEN PAPER SESSION 23	OPEN PAPER SESSION 24	OPEN PAPER SESSION 25
10:00 - 10:45 AM	KEYNOTE TALK 9- Prof. Firdaus Mukhtar							
10:45 - 11:30 AM	KEYNOTE TALK 10- Krish Nath							
11:30 - 12:30 PM	INVITED SYMPOSIUM 6	KEYNOTE TALK 11- Prof. Cecilia Essau (Virtual)						
12:30 - 01:00 PM	INVITED TALK 22	INVITED TALK 23						
01:00 - 01:45 PM	LUNCH & NETWORKING - FOYER AREA							
01:45 - 02:30 PM	KEYNOTE TALK 12- Prof. David Veale							
02:30 - 03:00 PM	INVITED TALK 24	INVITED TALK 25	OPEN SYMPOSIUM 24	OPEN SYMPOSIUM 25	SKILL CLASS 7	OPEN SYMPOSIUM 26	SKILL CLASS 8	OPEN SYMPOSIUM 27
03:00 - 03:30 PM	INVITED TALK 26	INVITED TALK 27						
03:30 - 04:30 PM	INVITED PANEL DISCUSSION 3	VIRTUAL PAPER SESSION 3	OPEN SYMPOSIUM 28	OPEN SYMPOSIUM 29	SKILL CLASS 9	OPEN SYMPOSIUM 30	SKILL CLASS 10	OPEN SYMPOSIUM 31
02:00 - 04:30 PM	OPEN POSTER SESSION 4 (1 st FLOOR FOYER AREA)							
04:30 - 06:00 PM	VALEDICTORY / CLOSING CEREMONY							
06:00 PM	HIGH TEA - FOYER AREA							



ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM OVERVIEW

3RD MARCH 2024 (SUNDAY) - POST-CONGRESS WORKSHOPS				
WS No.	TIME	WORKSHOP TITLE	WORKSHOP LEADER	VENUE
WS 14	09:30 AM - 12:30 PM	The Therapeutic Relationship in CBT: The Heart of the Matter.	Prof. Keith S. Dobson University of Calgary, Canada	SET Studio 1 (Convergence Block)
WS 15	09:30 AM - 12:30 PM	An introduction to the Theory & Practice of Compassion Focused Therapy.	Kam Gillar Accredited CBT & Compassion Focused Psychotherapist, Accredited EMDR Practitioner, London, UK.	SET Studio 2 (Convergence Block)
WS 17	09:30 AM - 12:30 PM	CBT Intervention for Digital Addiction.	Dr. Siddiqa Najamuddin Mohammed Hussain Mindworksbait & Mindworksbuddy Udaipur, Rajasthan, India	Physiology Demonstration Room Teaching Block
WS 18	09:30 AM - 12:30 PM	CBT in Practice	Dr. Allen Miller Beck Institute for Cognitive Behavior Therapy	CMET Hall 1
WS 19	09:30 AM - 12:30 PM	Understanding and treating death anxiety.	Prof. David Veale Institute of Psychiatry, Psychology and Neurosciences, King's College London & South London and Maudsley NHS Trust, UK.	CMET Hall 2
WS 20	09:30 AM - 12:30 PM	Harnessing Accountability in CBT	Dipti Joshi TEAM CBT therapist, Ahmedabad, India	Lecture Theatre 5 (basement) (Convergence Block)
12:30 pm - Refreshments				